

HOW TO SET UP A SOCIO-PROFESSIONAL ORIENTATION PROGRAMME?

INTERACTIVE PATHWAY
FOR (RE)INTEGRATION AT WORK
OF WOMEN FACING DOMESTIC VIOLENCE



Step 3 Remobilisation

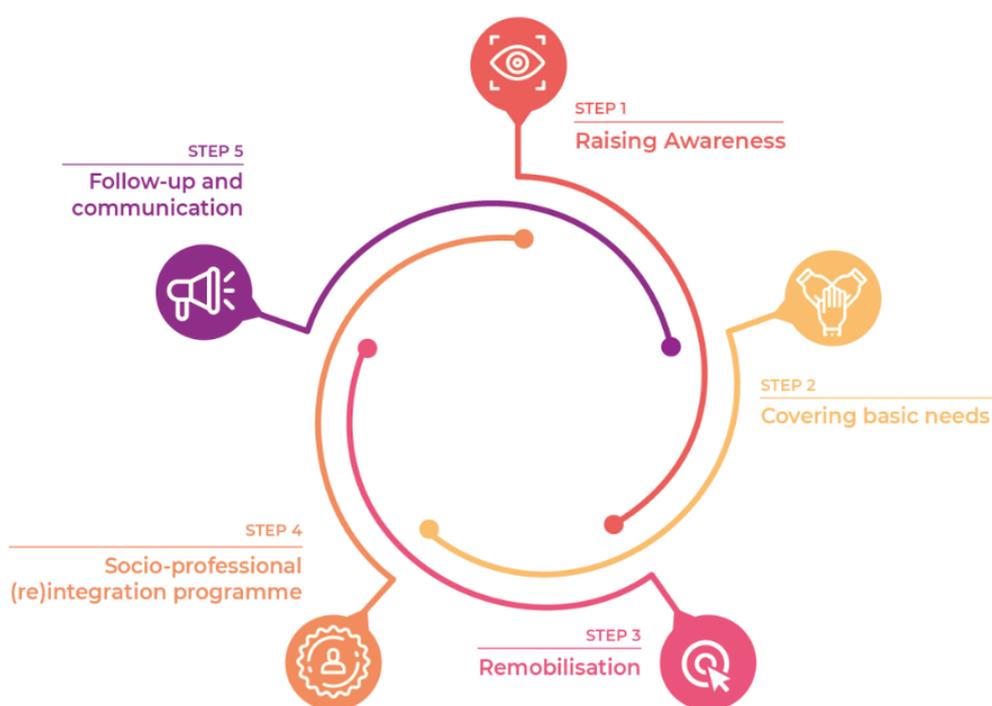
The objective of a socio-professional (re)integration programme is to support women in getting a job that will provide them with financial stability and professional fulfilment. It should provide them with the tools to define a sustainable professional project that takes into account who they are, what they like while meeting the job market requirements/needs.

Such a programme should be built in a way to allow time to do introspection work (previous career path, skills, personal constraints, etc.), learn new skills, research information about the job market, etc. Its content should be adapted to take into account heterogeneous groups of women with different backgrounds and levels of professional experiences.

The table below provides an outline of a three-step programme with an indication of topics to be covered.

Phases	Objectives	Modules
Orientation (10-12 days)	Define a career path in accordance with personal skills and interests	Career path and skills assessment
		Personality tests (ex.: MBTI)
		Exploring professional possibilities
		Limits and constraints
		Exploring my needs
		Preferred work environment
		Definition of a (new) career path
Tooling up (9-11 days)	Providing the tools for active job search Learn how to communicate in a positive way. Particularly, how to present one skills and career path in a way that will be attractive to employers. Designing an attractive CV and writing a convincing cover letter Prepare for selection interviews	Communication
		Professional behaviour
		Assertiveness and management of emotions
		Curriculum vitae (theory and practice)
		Motivation letter (theory and practice)
		Selection interviews (theory and practice)
Implementation (4-5 days)	Planning the job search Prospecting employers	Identifying and targeting possible employers
		Active search for a job or a training course
		Prospecting employers over the phone
		Elements of contract law

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